

8-Week Long-Distance Moving Checklist — Fillable

Check items as you complete them. Use the write-in fields for notes. Keep with your estimate, bill of lading, inventory, and coverage documents.

Move reference:

Pickup window:

Weeks 8–7 — Discovery & Documentation

- Shortlist movers (or containers/truck) and schedule a survey for an itemized inventory.
- Photograph high-value items (front/serials); gather appraisals & receipts.
- Request quotes with identical scope; ask for tariff excerpt with accessorial rates.
- Decide on valuation vs insurance needs at a high level.

Notes:

Weeks 6–5 — Decisions, Dates & Access

- Choose estimate type (binding or not-to-exceed) and lock pickup window.
- Reserve elevator/loading dock and curb/parking permits at both ends.
- Order supplies: double-wall cartons, dish packs, wardrobe boxes, tape, labels.
- Plan route and lodging if DIY or hybrid (weather contingencies).

Notes:

Weeks 4–3 — Packing & Transfers

- Begin non-essentials packing; label two sides + top; update inventory file.
- Transfer utilities, internet, mail forwarding, and renters/home policies.
- Request school/medical/vet records; back up important documents.
- Purge heavy, low-value items to reduce weight (donate/sell/recycle).

Notes:

Weeks 2–1 — Final Prep

- Photograph electronics cable layouts; bag screws/remotes per device.
- Stage a first-night kit: linens, towels, cookware, snacks, tools, meds, chargers.
- Confirm coverage selection (FVP vs released value) and payment method.
- Confirm elevator/dock windows; post curb signage if required.

Notes:

Move Week — Execute

Clear load path; protect floors & doors; stage boxes by room.

Count boxes at load-out; note pre-existing damage on paperwork.

Keep paperwork, IDs, meds, jewelry, and keys with you (do not load).

At delivery, check counts and note visible damage on the receipt; photograph the signed page.

Notes: